

KIDSALT 2026

TRACK DESCRIPTIONS

TRACK 1 OPTIONS

- **CENTER STAGE:** Do you enjoy being in the spotlight? Then this track is for you! Experience the excitement of what it's like to perform on the big stage. You'll enjoy playing instruments, singing, performing in a skit, and learning how to be on stage.
- **BASKETBALL:** Get ready to shoot some hoops! In this track, you'll put your skills to the test as you practice drills and play in a high intensity game against your friends.
- **CHEER & DANCE:** Break out your best dance moves for this track! You're sure to have a blast as you dance along to the music, and learn a creative and upbeat cheer routine.
- **ADVENTURE:** Do you love the outdoors? This KidSalt track is for you! Enjoy exploring, survivor skills, and camping basics. Adventure is out there.
- **FLAG FOOTBALL:** There's no "I" in team! In this track, you'll focus on teamwork as you practice football basics and play in an epic flag football game against your friends.
- **CONSTRUCTION:** Create, build, and think outside of the box! In this track, you'll get to construct your own original masterpiece and take it home with you after camp is over.

TRACK DESCRIPTIONS CONTINUED

TRACK 1 OPTIONS

- **GIRL POWER:** No boys are allowed in this track! Get ready to learn how to be a great woman of God through fun and exciting activities, and epic team-building games.
- **VOLLEYBALL:** It's time to bump, set, and spike! In this track, you'll develop your outdoor volleyball skills through fun games, drills, and playing in a match against your friends.
- **CHEF SCHOOL:** Do you like to eat? Then you've come to the right place! In chef school, you'll make everything from awesome appetizers to delicious desserts. You'll learn the basics of cooking and even get to taste your creations!
- **IRON MAN:** You won't find girls here! The iron man track is all about learning how to be a great man of God through fun adventures, extreme games, and epic challenges.
- **BIG GAMES:** Bring on the BIG GAME Competition. It's all about the thrill of giant games like GA GA Pit and 9 Square, where you'll enjoy action packed teamwork and GIANT FUN!
- **ESCAPE ROOM:** Do you have what it takes to crack the codes, solve the riddles and "escape" in time? In this track, you and your team will work together to unlock secret messages and race against the clock to make our daring escape. Every challenge is a test of teamwork, creativity, and quick thinking!

TRACK DESCRIPTIONS CONTINUED

TRACK 1 OPTIONS

- **WIFFLE BALL:** Swing for the back fence and run all the bases in this classic twist on baseball!
- **GET SALTY 2.0:** Calling all world-changers! In this action-packed Mission's Class, you'll go on secret missions to make a difference. From learning about different cultures, to creating kindness projects, you'll discover how to be a hero of hope for Jesus wherever you go!
- **LEGOS:** Take on exciting LEGO challenges like speed builds, mystery bag creations, and even team engineering competitions. From tiny bricks to big ideas, you'll turn your wildest dreams into awesome LEGO masterpieces! Are you up for the challenge? Ready, Set, Build!

TRACK DESCRIPTIONS CONTINUED

TRACK 2 OPTIONS

- **DISC GOLF:** Enjoy the experience and excitement of disc golf this year at KidSalt. You'll learn the basics of the sport, how to throw a frisbee disc, and compete in a super fun disc golf competition against your friends!
- **POOL PARTY:** Marco Polo! Grab your sunscreen and a towel for this track. It's all about fun and exciting water games as you head down to the pool for some fun in the sun!
- **KIDSALT PRODUCTION:** In this track, your photography and video skills will come alive! You'll learn production techniques, and will get to shoot your own pictures and videos!
- **REC TIME:** Are you ready for some competition? Get ready to compete against your friends in games like four square, dodgeball, and corn hole. Win or lose, it'll be a blast!
- **SOCCER:** Put your best foot forward for this track! You'll learn soccer basics, and will get the chance to practice your skills in high intensity drills and games against your friends.
- **WACKY SCIENCE:** Any wannabe mad scientists out there? This one's for you! It's okay to make a mess in this track as you conduct cool experiments and learn interesting facts!

TRACK DESCRIPTIONS CONTINUED

TRACK 2 OPTIONS

- **ARCHERY:** From mastering the stance, to hitting the bullseye, you'll develop confidence and coordination as you experience the excitement of archery!
- **PICKLEBALL:** No pickles were harmed in the making of this track! Do you like tennis, badminton, or ping pong? Well, this track combines all three! Meet us on the tennis court to learn all about the fun and exciting game of pickleball with your friends.
- **CREATIVE ZONE:** Let your imagination run wild in this track! Creative zone allows you to explore your artistic side through painting, sculpting, and other arts and crafts.
- **H2GO:** Cool off with some wet and wild water games! Don't forget your towel as we splish and splash our way through exciting H2GO activities, like slip-n-slide kickball.
- **SCAVENGER HUNT:** It's an exhilarating quest through campus to solve clues and uncover hidden treasures. Be the first team to work together, use your creativity, and explore your world as you complete the hunt.
- **WATER OLYMPICS:** Beat the heat and bring on the water! From relay races to water balloon tosses, it's all about completing the Aquatic Olympic challenges of the day. Make sure to bring home the gold with this refreshing track!

TRACK DESCRIPTIONS CONTINUED

TRACK 2 OPTIONS

- **CAMP ROCK:** Are you golden buzzer worthy? Showcase your vocal talent in this performance track. Will the confetti drop and the chairs turn, let's find out?
- **STEM IT IS:** Let's tinker with your thinker! Unleash your creativity through experiments and projects with your team. Will your boat make it across the reflection pond? Let your imagination and skill work as you race to innovate!
- **GAME ON:** Do you like to win? Then you better bring your strategy and brains to this track! It's all about chess, checkers, uno, and other fun, classic card and board games!
- **ZERO GEAR GAMES:** Get ready to run, laugh, and go wild with crazy games where you don't need ANY gear...just you and your friends. From the chicken game to Gorilla, Gorilla...you'll race to every game in nonstop action. It's going to be a "B'gawking" good time!