

Tajiks of the European Diaspora

And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.

Ezekiel 36:26

Tajikistan is a rural, mountainous country with nearly 10 million people. The economy has improved over the past 15 years, but it still faces high unemployment and remains one of the poorest countries in Central Asia. Almost one-third of the working population (mostly men, ages 18-40) migrates to Europe seasonally and sends money back home to Tajikistan. Many leave families behind.

Recently, more young women are migrating, too. Due to limited opportunities in Tajikistan, many young people strive to move to Europe for better work or education. These needs often feel more urgent to them than their spiritual need for new life in Jesus.



RECIPE

Tajik Bread: Combine 1 cup each hot water and plain yogurt. Add 1 tsp. sugar, 2 tsp. instant yeast, 1/2 cup whole wheat flour. Rest 1 hour. Mix in 4 cups flour, 1 tsp. salt. Knead into smooth ball. Rise 2 hrs. Preheat to 500°F. Shape 8 flat round pieces, indent each middle. Brush with egg wash, add black sesame seeds. Bake 15-20 mins.

LET'S PRAY

Pray that Tajik migrants in Europe will see their spiritual need, not just their financial needs. Ask God to give them a longing for truth.