

Lesson Four – This Moment In Time

Opening Activity for Teenagers:

Too Soon?

Resources Needed:

- 3 Poster Boards
- Painter's tape
- Markers
- Index cards

Set-Up:

- 1. Create three signs: Too Soon, Too Late, Just Right
- 2. Tape the signs to 3 different walls of the room.
- 3. Create 5-10 scenarios and write them on index cards.
- 4. Example scenarios could be:
 - a. Your friend just found out their grandparent died, but you try to change the subject by telling a joke. (too soon)
 - b. A new student at school has been sitting alone during lunch for 3 weeks, and now you decide to say hi. (too late)
 - c. Your friend looks stressed about their grades, but you offer them some Nerd Gummy Clusters and a chance to talk. (just right)
 - d. Your youth leader is teaching the Bible, and someone decides to shout out a meme. (too soon)
 - e. You see someone getting picked on but decide to wait to say anything, hoping someone else will step in. (too late)
 - f. You see someone fall and drop their stuff, and you choose to help right away (just right)
 - g. Feel free to be creative with your scenarios.

How to Play:

- 1. Read out one of the quick scenarios.
- 2. After reading the scenario, students walk to the response they feel best fits.
- 3. Ask students why they chose their response.

Discussion Questions:

- 1. How can good timing make a big difference?
- 2. Why might we sometime miss the right moments to act?
- 3. How can we be more aware of the right time to act?