



## ***Lesson Three - One Cooperative Effort***

### **Opening Activity for Teenagers:**

#### **Tied Together**

#### **Resources Needed:**

- Nerd Gummy Clusters (or your candy of choice)

#### **Set-Up:**

1. Create groups of 6 or 8 students. They need to be even groups. You can run multiple groups and time them if you like.
2. Be ready to hand out candy to the winning team, or you can use the candy throughout the Bible study to reward those who actively participate.

#### **How to Play:**

1. Explain to each group that they are competing to see who can accomplish their task first.
2. Have each group stand in a circle.
3. Everyone puts their right hand in the middle of the circle and grabs someone else's right hand across from them.
4. Do the same with the left hand, grabbing a different person's hand.
5. Each group must untangle themselves without letting go of their hands.
6. They must talk, step over arms, duck under, and move slowly to figure it out.
7. Discussion questions:
  - a. What made the activity hard?
  - b. What happened when people tried to lead on their own?
  - c. How did you succeed?
  - d. How is this like being a part of a church?