

The S.O.A.P Method

Reading and Applying God's Word to Our Lives

S Scripture

Choose a scripture or passage of scripture. Read the verse or verses in your Bible. Write and highlight meaningful words, phrases, or scriptures that stand out or resonate with you.

O Observation

Take a few moments and observe the passage of scripture you've read. What is the overall message of the passage? What truth can you learn? What do you feel God is showing you through His Word? Did you learn anything new?

A Application

Reflect on how you can apply these scriptures to your daily life. How can you implement what you've read? What habits, attitudes, or changes do you need to make? What lessons can you take away from the reading?

P Prayer

Say a prayer in reference to the passage. In prayer, thank God and ask Him for wisdom and revelation to help you apply these truths to your life. What do you want to tell God as a result of what you've read?